

REFEREE RULES AND PROCEDURES
TABLE ROCK SOCCER CLUB RECREATIONAL

1. All games must start on time. You must be at the field at least 15 minutes before game time.
2. Check nets, corner flags and field before you start the game.
3. Fill out game card and have both coaches sign it.
4. Coaches are to present a laminated roster signed by the club registrar to the referee before each game. If a player is not on the roster, they cannot play. Only coaches listed can be on the sideline. Roll needs to be taken to identify all players and coaches listed on the roster.
5. Player's equipment must be checked before the game starts. No football or baseball cleats may be worn. Only soccer cleats, turf cleats or gym shoes/sneakers are acceptable. Shin guards covered by socks are mandatory. Players not wearing shin guards will not be allowed to play. Socks must cover shin guards.
6. No jewelry (such as earrings, necklaces, watches, bracelets, etc.) is allowed. Only Medical Alert bracelets are permitted and must be taped down. No regular jewelry may be taped down. No equipment shall be worn that is dangerous to another player as determined by the referee. Players just getting their ears pierced **MAY NOT** wear tape to cover them. They must be removed or that child cannot play.
7. A coach may not enter the field of play except upon the referee's permission. Coaches, players, parents are not allowed to distract, harass, argue with, insult or make derogatory remarks or gestures to the referee, players or spectators. Anyone violating these rules will be asked to leave the field.
8. **ALCOHOLIC BEVERAGES AND ALL TOBACCO PRODUCTS ARE PROHIBITED ON ALL FIELDS, SIDELINES OR ANY SCHOOL GROUNDS. No exceptions!!!** No pets, even on leashes, are allowed on school district properties.
9. Parents and spectators must be on the side opposite the players at all times. Coaches may coach from the half field line to the corner flag. All coaches must remain on the same side of the field as their team. Coaching is permitted for one team by only the main coach and his/her assistant, each of who are listed on the official laminated roster. **ABSOLUTELY NO ONE, INCLUDING COACHES MAY COACH FROM BEHIND THE GOALS.**
10. Use of the whistle: Appropriate use of the whistle includes (a) to start the game, (b) to stop for substitutions, (c) to signal half-time, (d) to signal the end of the game, (e) to stop play because of a foul, (f) if an injury has occurred or (g) to signal out of bounds. **BLOW THE WHISTLE LOUDLY** so that all players, coaches and fans can hear. You do not need to whistle to start play for a throw in.

11. When a foul has been committed and the whistle blown, the referee is to state loud and clear the reason play was stopped ("Hand ball", "Tripping", "goal kick", etc.) Take a moment to explain to the players what the infraction was to educate the players, coaches and spectators. If a coach asks politely for an explanation for a call, please respond with an explanation during a dead ball. Do not explain while play is taking place.
12. Hand signals: Hand signals must be used following a whistle and when play is stopped. Use appropriate signals to indicate the restart of play for a goal, free kick, a corner kick, a goal kick, for the direction of a throw-in and to signal off-sides with an indirect free kick signal.
13. Any problems are to be reported to the referee coordinators immediately after the game.
14. Goal keepers **MUST** wear a color clearly distinguishing them from ALL players, both home and visiting, and the referees.
15. Substitutions are unlimited (except at U-8) and may be made with the consent of the referee on any dead ball. U8 substitutions will be made only every 5 minutes and only after the ball has gone out of bounds. Substitutes are asked to enter the field of play at the center line with the consent of the referee.
16. If a player gets out of control, ask him/her to leave the field and be substituted. Tell the player and his/her coach that you are treating that as a yellow card and a substitution is required. If the same player continues to cause problems, notify the coach that you are sending that player off and he/she cannot be substituted (red card) (applies to U-10 and up only).
17. No player may play if they are bleeding or if there is blood on their clothes. The referee will stop play immediately and substitute the player. The uniform must be changed and the player may not return to the game until the bleeding is stopped and the wound covered.
18. During half-time, referees are not to involve players from either of the teams in the game in any activities. This may later be viewed as favoritism.

REMEMBER: GAME CARDS ALONG WITH THE COMPLETED LOG SHEETS MUST BE SENT IN TOGETHER AT THE END OF THE SEASON TO:

TRSC
P.O. BOX 3904
CENTRAL POINT, OR 97502

Please contact of the following with problems, questions or concerns:

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